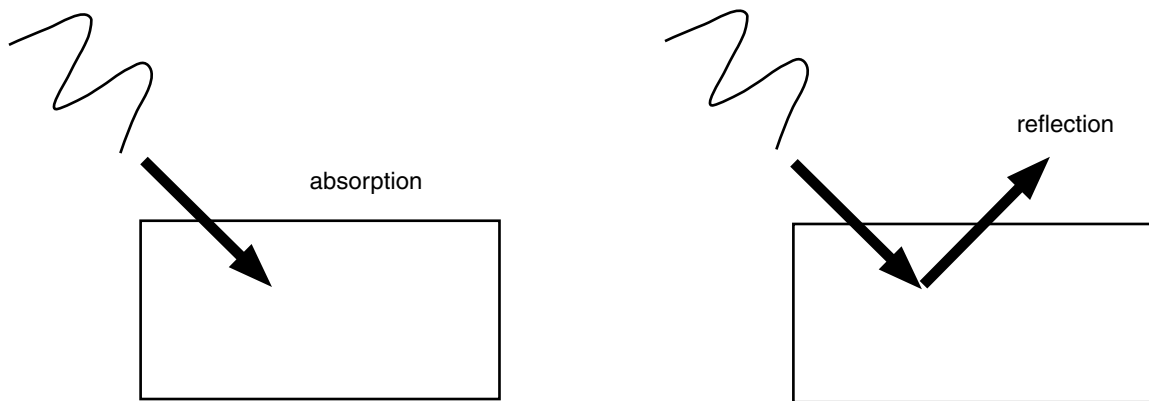
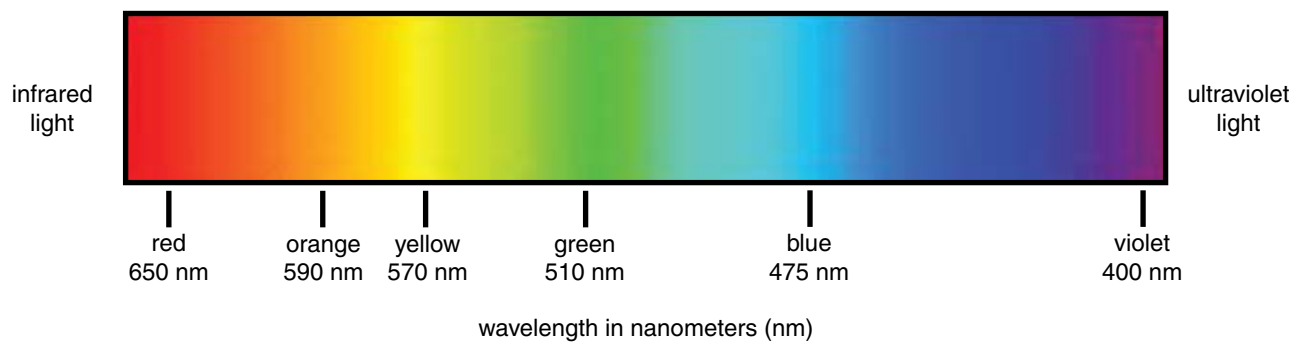


Light travels as a wave: when it strikes an object, the energy is absorbed or reflected.



Visible light is just one type of wave. It is a small part of the electromagnetic spectrum.

## The Visible Spectrum



Wavelengths are measured in nanometers. One nanometer is one billionth of a meter. Wavelength is measured from peak to peak or trough to trough.

